| Acceptance | 1: the quality or state of being accepted or acceptable; his theories have gained widespread acceptance.  2: the act of accepting something or someone : the fact of being accepted: APPROVAL; acceptance of responsibility |
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| Acknowledging | Demonstrating that you HEAR what someone is saying i.e. nodding, eye contact, focus |
| Affirming | offer (someone) emotional support or encouragement.  In strong and healthy relationships, people feel affirmed, validated, and respected. |
| Attentive | paying close attention to something.  never before had she had such an attentive audience  i.e. holding space for emotions |
| Community | 1: unified body of individuals: such as  a: the people with common interests living in a particular area; broadly : the area itself; the problems of a large community  b: a group of people with a common characteristic or interest living together within a larger society; a community of retired persons; a monastic community  c: a body of persons of common and especially professional interests scattered through a larger society; the academic community; the scientific community  d: a body of persons or nations having a common history or common social, economic, and political interests; the international community  e: a group linked by a common policy  f: an interacting population of various kinds of individuals (such as species) in a common location  2a: a social state or condition; The school encourages a sense of community in its students.  b: joint ownership or participation; community of goods  c: common character : LIKENESS; community of interests  d: social activity : FELLOWSHIP  3: society at large; the interests of the community |
| Compassion | sympathetic consciousness of others' distress together with a desire to alleviate it |
| Conflict | 1 a: competitive or opposing action of incompatibles: antagonistic state or action (as of divergent ideas, interests, or persons) a conflict of principles  b: mental struggle resulting from incompatible or opposing needs, drives, wishes, or external or internal demands. His conscience was in conflict with his duty.  c: the opposition of persons or forces that gives rise to the dramatic action in a drama or fiction. The conflict in the play is between the king and the archbishop. |
| Consider | 1: to think about carefully: such as  a: to think of especially with regard to taking some action. is considering you for the job; considered moving to the city  b: to take into account. The defendant's age must be considered.  2: to regard or treat in an attentive or kindly way. He considered her every wish.  3 a: to gaze on steadily or reflectively. The old gentleman considered him attentively. - Edith Wharton |
| Consideration | 1: continuous and careful thought; After long consideration he agreed to their requests.  2a: a matter weighed or taken into account when formulating an opinion or plan; economic considerations forced her to leave college  b: a taking into account; in consideration of the enormous difficulties involved  3: thoughtful and sympathetic regard;his consideration of the needs of others  4: an opinion obtained by reflection;his considerations favoring one profession over another |
| Culture | 1a: the customary beliefs, social forms, and material traits of a racial, religious, or social group; also : the characteristic features of everyday existence (such as diversions or a way of life) shared by people in a place or time. popular culture; Southern culture  b: the set of shared attitudes, values, goals, and practices that characterizes an institution or organization. a corporate culture focused on the bottom line  c: the set of values, conventions, or social practices associated with a particular field, activity, or societal characteristic. studying the effect of computers on print culture; Changing the culture of materialism will take time …- Peggy O'Mara  d: the integrated pattern of human knowledge, belief, and behavior that depends upon the capacity for learning and transmitting knowledge to succeeding generations |
| Empathy | the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another of either the past or present without having the feelings, thoughts, and experience fully communicated in an objectively explicit manner |
| Gracious | marked by kindness and courtesy; a gracious host |
| Gratitude | the state of being grateful; thankfulness; expressed gratitude for their support |
| Healthy Relationship | Involve a shared exchange between two people with no one having more power or control than the other. Healthy relationships build on trust (this takes time). There is a sense of companionship and caring.  [https://familytransitionplace.ca › uploads › 2016/08](https://familytransitionplace.ca/wp-content/uploads/2016/08/WHAT-IS-A-HEALTHY-RELATIONSHIP-Edited.pdf) |
| Intercultural competence | the ability to function effectively across cultures, to think and act appropriately, and to communicate and work with people from different cultural backgrounds – at home or abroad.  [https://www.monash.edu › arts › what-is-intercultural-com.](https://www.monash.edu) |
| Kindness | the quality or state of being kind. treating people with kindness and respect |
| Listen | 1: to pay attention to sound. listen to music  2: to hear something with thoughtful attention : give consideration. listen to a plea |
| Non-judgement | avoiding judgments based on one's personal and especially moral standards |
| Open ended questions | a question that cannot be answered with a "yes" or "no" response, or with a static response. Open-ended questions are phrased as a statement which requires a longer response. The response can be compared to information that is already known to the questioner.  [https://en.wikipedia.org › wiki › Open-ended\_question](https://en.wikipedia.org/wiki/Open-ended_question#:~:text=An%20open%2Dended%20question%20is,already%20known%20to%20the%20questioner.) |
| Paraphrasing | 1: a restatement of a text, passage, or work giving the meaning in another form. The teacher asked the students to write a paraphrase of the poem.  2: the use or process of paraphrasing in studying or teaching composition. paraphrase, which aims rather at recapturing the general impression of a foreign work— Times Literary Supplement |
| Reciprocity | 1: the quality or state of being reciprocal : mutual dependence, action, or influence  2: a mutual exchange of privileges; specifically : a recognition by one of two countries or institutions of the validity of licenses or privileges granted by the other |
| Reflexivity | the fact of someone being able to examine his or her own feelings, reactions, and motives (= reasons for acting) and how these influence what he or she does or thinks in a situation:  I had in that time developed a degree of reflexivity unusual for a teenager.  <https://dictionary.cambridge.org/dictionary/english/reflexivity> |
| Self-  Awareness | an awareness of one's own personality or individuality |
| Sincerity | the quality or state of being sincere : honesty of mind : freedom from hypocrisy |
| Sympathy | 1a: an affinity, association, or relationship between persons or things wherein whatever affects one similarly affects the other.  b: mutual or parallel susceptibility or a condition brought about by it.  c: unity or harmony in action or effect. Every part is in complete sympathy with the scheme as a whole - Edwin Benson  2 a: inclination to think or feel alike : emotional or intellectual accord. In sympathy with their goals.  b: feeling of loyalty : tendency to favor or support. republican sympathies.  3 a: the act or capacity of entering into or sharing the feelings or interests of another.  b: the feeling or mental state brought about by such sensitivity. have sympathy for the poor.  4: the correlation existing between bodies capable of communicating their vibrational energy to one another through some medium. |
| Tact | 1: a keen sense of what to do or say in order to maintain good relations with others or avoid offense  2: sensitive mental or aesthetic perception; converted the novel into a play with remarkable skill and tact |
| Thankfulness | 1: conscious of benefit received; for what we are about to receive make us truly thankful  2: expressive of thanks; thankful service  3: well pleased : GLAD; was thankful that it didn't rain |
| Thoughtfulness | 1a: absorbed in thought : MEDITATIVE  b: characterized by careful reasoned thinking; a thoughtful essay  2 a: having thoughts : HEEDFUL; became thoughtful about religion  b: given to or chosen or made with heedful anticipation of the needs and wants of others; a kind and thoughtful friend |
| Trust | 1a: to rely on the truthfulness or accuracy of : BELIEVE; trust a rumor  b: to place confidence in : rely on; a friend you can trust  c: to hope or expect confidently; trusts that the problem will be resolved soon  2a: to commit or place in one's care or keeping : ENTRUST  b: to permit to stay or go or to do something without fear or misgiving  3: to extend credit to |
| Unconditional love | not conditional or limited : ABSOLUTE, UNQUALIFIED  unconditional surrender; unconditional love |
| Understanding | 1: a mental grasp: COMPREHENSION  2 a: the power of comprehending; especially: the capacity to apprehend general relations of particulars  b: the power to make experience intelligible by applying concepts and categories  3 a: a mutual agreement not formally entered into but in some degree binding on each side  b: friendly or harmonious relationship  c: an agreement of opinion or feeling: adjustment of difference |