



International Conflict Resolution Day, October 20, 2022

The Conflict Resolution Day Planning Committee hosts a complimentary workshop, **October 20, 2022 from Noon - 1:30 p.m.** This year's workshop: **Mind Your Own Bias**



Canada is a proud nation that is inclusive of diverse perspectives. Unfortunately, at times, we may find ourselves at odds with each other. Whether it be region to region or neighbor to neighbor, it is becoming seemingly difficult to find common ground. Situations and events that have had the potential to unify us have instead polarized us, leaving us divided. This division is further compounded by technology which can enhance the wedge that keeps us from seeing, hearing and understanding perspectives outside of our own. This wedge may be magnified by our biases, which can be unconscious. We all have biases, and their roots are complex. By understanding our own biases and how they're formed we can be proactive and prevent conflict.

Minding our bias can teach us how to welcome diverse perspectives, close the distance between perspectives, and find common ground with our neighbors again. Our workshop will shed understanding of biases, clarifying when a bias may be in play and offer tangible skills that help participants move from recognition to recovery. With this understanding, you will be able to communicate with each other in a way that sheds light on the perspectives that are gained from clear communication.

Registration details for our workshop will be forthcoming. Details will be posted on our website: <http://www.conflictresolutionday.ca/>.

Train-the-Trainer - Mind Your Bias - September 22, 2022

We encourage individuals, communities and organizations who are interested in alternative dispute resolution practices to host your own Mind Your Own Bias workshop event to mark the day.

Join us for a **Train-the-Trainer** virtual workshop, **September 22, 2022, from Noon - 1:30 p.m.**

All presentation and training materials will be shared. We record and post our training workshop and all materials for your use. Registration details for our workshop will be forthcoming. Details will be posted on our website: <http://www.conflictresolutionday.ca/>.



TRAINING

Week of Conflict Resolution Day Activities October 17-21, 2022

- Our Innovations Sub-Committee is developing ideas to celebrate, stay tuned.

For more information on events and activities and to subscribe to our emails and sign up for our Youtube Channel - go to <http://www.conflictresolutionday.ca/>.