Please check the # which best indicates your level of agreement with the following statements.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | #4 | N/A |
| Strongly Disagree | Disagree | Agree | Strongly Agree |  |

|  |  |
| --- | --- |
| This workshop helped me to develop tools to handle conflict in my workplace and/or at home.  |  |
| This workshop helped me learn or develop skills related to understanding Triggers, Emotional Reactions, Positions, and Interests.  |  |
| This workshop helped me learn or develop skills in Active Listening and Questions to Defuse conflict situations.  |  |
| The exercises and activities were effective in demonstrating the ideas presented. |  |
| The workshop provided me with useful tools that I can use in my life. |  |

1. What was your reason for attending this workshop?

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1. Do you have any suggestions for change to the workshop?

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1. Suggestions for future topics?

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1. Other Comments?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Please mark YES or NO if you are willing to have comments and photos used in CRD promotions:

Comments (with named attached) \_\_\_\_\_\_\_\_\_Comments (without name attached)\_\_\_\_\_\_\_\_\_\_\_

Photos \_\_\_\_\_\_\_\_\_\_

Thank you for taking the time to complete this evaluation- your feedback is important to us and will be incorporated in building future workshops.

Please email completed feedback forms to [LIST YOUR ORGANIZATION HERE]