Conflict Resolution Day 2023

Facilitator Feedback and Event Summary

**The Apology - Unraveled**

What was the Event that took place? Workshop name or event details:

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Date(s) and Location of the Workshop or Event:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Number of people in attendance (please provide any demographic break down you have):

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Facilitator Names(s):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Did the Facilitator(s) participate in the Train the Trainer? If so, please provide any feedback

about the Train the Trainer event:

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Facilitator/Organizer Feedback about the Event:

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 Compilation of Participant Evaluations

Please check the # which best indicates your level of agreement with the following statements.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | #4 | N/A |
| Strongly Disagree | Disagree | Agree | Strongly Agree |  |

|  |  |
| --- | --- |
| This workshop helped me to understand apologies. |  |
| This workshop helped me understand when an apology is necessary. |  |
| This workshop helped learn strategies for seeking and offering an apology. |  |
| This workshop has helped me to learn the basics about jumping to conclusions. |  |
| This workshop has helped me to learn the basics of “I” Statements. |  |
| This workshop has helped me to learn the basics of Diffusing Conflict. |  |
| This workshop has helped me to learn the basics of Listening. |  |
| This workshop has helped me to learn the basics of Empathy. |  |
| This workshop has helped me to learn the basics of Managing Expectations. |  |
| This workshop has helped me to learn the basics of Forgiveness. |  |
| The exercises and activities were effective in demonstrating the ideas presented. |  |
| The workshop provided me with useful tools that I can use in my life. |  |

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1. Reasons for attending this workshop?
2. Suggestions for change to the workshop?
3. Suggestions for future topics?
4. Other Comments?

Thank you for taking the time to complete this evaluation- your feedback is important and will be incorporated in building future workshops.

Please email completed evaluations to info@conflictresolutionday.ca by October 31, 2023.