Please check the # which best indicates your level of agreement with the following statements.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | #4 | N/A |
| Strongly Disagree | Disagree | Agree | Strongly Agree |  |

|  |  |
| --- | --- |
| This workshop helped me to increase my understanding of the benefits of better listening skills? |  |
| This workshop helped me see where and how paraphrasing, summarizing and listening for feelings might be beneficial in conversations. |  |
| This workshop helped me identify areas to focus on to build my listening skills. |  |
| The exercises and activities were effective in demonstrating the ideas presented. |  |
| The workshop provided me with useful tools that I can use in my life. |  |

1. What was your reason for attending this workshop?

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1. Do you have any suggestions for change to the workshop?

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1. Suggestions for future topics?

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1. Other Comments?

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Please mark YES or NO if you are willing to have comments and photos used in CRD promotions:

Comments (with named attached) \_\_\_\_\_\_\_\_\_Comments (without name attached) \_\_\_\_\_\_\_\_\_\_\_

Photos \_\_\_\_\_\_\_\_\_\_